








MONDAY 21st to SUNDAY 27th October








Windsor Lounge

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| <p>Monday 21st 11 am Tokyo tour</p>  <p>1:30 pm - Documentary of choice</p> | <p>Tuesday 22nd 11 am- Wordsearch</p>  <p>1:30 pm- Quiz</p> | <p>Wednesday 23rd 11 am- Social morning</p>  <p>1: 30 pm- Colouring</p> | <p>Thursday 24th 11:30 am Gentlemen's club</p>  <p>1:30 Tv choice</p> | <p>Friday 25th</p>  <p>10:45 am- Exercise with Igor</p> <p>2 pm- Ball games</p> | <p>Saturday 26th 10 am- Brain training; games & puzzles</p>  <p>2 pm- Oomph Choice</p> | <p>Sunday 27th 8-10 am- Social morning with Sophia</p>  <p>2 pm - Oomph choice</p> |
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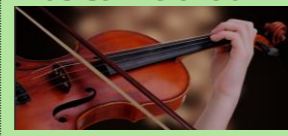





Windsor - The Film House

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| <p>Monday 1:30 pm Rise Sports with Adam and Ellie</p>  | <p>Tuesday 10am- 12 pm German Group</p>  | <p>Wednesday 11:15 am- Discussion Group A</p>  | <p>Thursday 2 pm - Film of choice</p>  | <p>Friday 1:30 pm Puzzles</p>  | <p>Saturday 2 pm-Brain Training jigsaw & puzzles</p>  | <p>Sunday 2 pm- Afternoon film; resident's choice</p>  |
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Balmoral Lounge

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| <p>Monday 11 am- Colouring</p>  <p>1:30 pm Rise sports with Jos</p> | <p>Tuesday 11 am Exercise</p>  <p>2pm - Afternoon tea with "The Beatles"</p> | <p>Wednesday 10 am- Documentary "Flavors of India"</p>  <p>2 pm -Music</p> | <p>Thursday 11 am- Skittles</p>  <p>2 pm - Balloon game</p> | <p>Friday 10 am- Exercise with Igor</p>  <p>2 pm- Music therapy</p> | <p>Saturday 10 am- Mindfulness; Musical Relaxation</p>  <p>2 pm-Oomph choice</p> | <p>Sunday 9 am- TV Choice</p>  <p>2 pm- Oomph choice</p> |
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The Orangery and The Zen Room

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| <p>Monday 11 am ZEN- Social morning and Magic table</p>  <p>2 pm Orangery - Tv choice</p> | <p>Tuesday 10:30 am Orangery- Mindfulness; Musical Relaxation</p>  <p>2 pm ZEN - Magic table</p> | <p>Wednesday 11 am Orangery- Games & Puzzles</p>  <p>2 pm ZEN -Magic table</p> | <p>Thursday 11 am Orangery - Classical music</p>  <p>2:30 pm ZEN - Magic table</p> | <p>Friday 11 am Orangery - TV choice</p>  <p>2 pm ZEN - Magic table</p> | <p>Saturday 11 am Orangery- Mindfulness; Musical Relaxation</p>  <p>1:30 pm ZEN- Magic table</p> | <p>Sunday 11 am ZEN- Jigsaw & Puzzles</p>  <p>2 pm Orangery- Oomph choice</p> |
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